

# Referral to Day Rehabilitation



Dear Dr Murrant,

Please review / assess my patient for a Day Rehabilitation program.

Patient's Name:

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Date of Birth:

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Phone:

Mobile:

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Health Fund (or other payer):

Membership No:

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## Condition requiring rehabilitation:

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**Orthopaedic Surgery**

Date of surgery:

Date of injury:

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**Long COVID / Post-acute COVID**

Date of infection:

C19-YRS

Yes

No

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**Other Medical:**

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Suitability for Hydrotherapy:

Yes

No –  Incontinent  Wound  Other

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Referring Doctor:

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Provider Number:

Phone:

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Date:

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**WOLPER**  
JEWISH HOSPITAL

**Wolper Jewish Hospital**

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# Day Rehabilitation at Wolper

Day Rehabilitation is suitable for patients with established rehabilitation needs who do not require inpatient care.

Each individually tailored Day Rehabilitation program requires participation for a defined amount of time per appointment as recommended by our rehabilitation physician and approved by your health fund. Each appointment must include at least two forms of therapy being physiotherapy, hydrotherapy and an education session with either an occupational therapist or exercise physiologist. Speech therapist and dietitian available if required.

Hydrotherapy will be offered if medically suitable and is particularly effective for people with poor strength, fitness, balance or range. The pool is heated to between 31°C – 33.4°C and is regulated by a chlorine-free ozone filter system. The buoyancy and warmth of the water allows muscles to relax and eases any pain on the joints, allowing for more effective exercise.

Secure lockers are available for personal items and a light lunch is provided.

Appointment times are available Monday to Friday from 8am.

## Criteria for Day Rehabilitation eligibility:

- Recent surgery or hospital admission
- Recent cancer diagnosis, treatment or recovery
- Neurological disorders including Parkinson's disease
- Post acute or long Covid

## What to bring:

- Letter of referral
- X-rays and/or scans
- Loose fitting clothes
- Swimsuit and towel for hydrotherapy
- Supportive shoes
- Medicare card
- Private health fund card

