



## POWERED BY THE SUN

WOLPER'S LATEST ENVIRONMENTAL AND SUSTAINABILITY INITIATIVE

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**WOLPER**  
JEWISH HOSPITAL

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## President's Message

I am delighted to confirm that the Hospital is very much back to 'business as usual'; all inpatient rooms are usually occupied, at times with a wait list, and our day rehabilitation, MoveWell classes and private physiotherapy sessions continue to be very popular. As we head into Autumn/ Winter we are hopeful of this continuing, uninterrupted, so that we can care for as many of our valued patients as possible.

And, as always I commend our wonderful Wolper team for their commitment to our patients and the high standards upheld by Wolper.

The saving of the lives of unwell people usually falls to the medical profession – the doctors, nurses and researchers who have dedicated their lives to that cause. It's rarely an honour accorded others however a member of our community could be the one to save the life of Murray Foltyn, a 41 year old father of two young children, who has a rare blood cancer. Murray desperately needs a stem cell match and that is most likely to come from a person of the same ethnic background. Our community is asking all Jewish people aged 18-35 years who are not registered with the stem cell donor registry to please make it a priority to do so via [www.strengthtogive.org.au](http://www.strengthtogive.org.au). All it takes is a few minutes and you can now order a cheek swab to be sent to you at home. You, one of your family, or a friend could be the one to save Murray's life.

Gift of Life Australia, with which Wolper is proudly associated, and of which I am a director, has – along with the ABMDR and Australian Tissue Donation Network – been lobbying the Federal government for some years to allow people to join the register by providing a cheek swab, as opposed to providing a blood sample. This has now come

to fruition, as noted above, and I refer you to the article in this issue of Pulse. We are very proud to have contributed to the momentum for this significant change.

The New South Wales Jewish Board of Deputies (NSWJBD) is the representative roof-body of all Jewish organisations in NSW, including Wolper. Many community members are not familiar with its activities, so we have included an article on it in this newsletter which I recommend to all. I also ask that you give consideration to engaging with the NSWJBD – it's important work and very rewarding.

We have been humbled and delighted by a number of recent donations and bequests to Wolper. Such generosity has never been more appreciated given the significant challenges presented by the increasing gap between the increases afforded us by many private health funds and escalating hospital costs due to both general inflation and the impact of COVID-19. The Hospital - despite not having the economies of scale of the private hospital groups - is managed very efficiently and constantly looking to improve productivity. Such generosity enables us to further improve and invest in the welfare of our patients and community and for that we are most grateful.

In conclusion, I wish all our Friends of Wolper, staff and patients who are Jewish 'Chag Sameach Pesach' and to those of the Christian faith we wish you a 'Happy Easter'. Stay safe and well.



**Richard Glass**  
President, Wolper Jewish Hospital

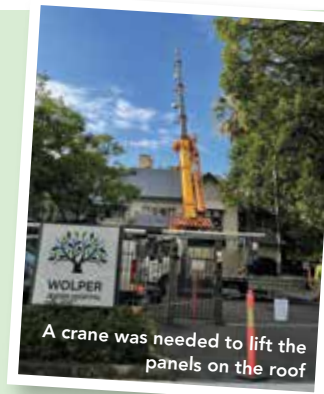
## Wolper gets greener

Wolper has installed a 24.3kW solar panel system on its roof. Supported by the Solar My Suburb program, the system will provide an estimated 28,630 kWh per annum of locally generated green energy to power the Hospital's facilities. At current 2023 values this will save the Hospital around \$8,000 annually and the system will pay for itself in less than 6 years.

The system will avoid around 22,190 kg of CO2 emissions from being emitted into the environment.

Other initiatives from our Environmental and Sustainability Committee include the elimination of plastic single-use cutlery throughout the Hospital and installation of more water fountains to support re-use of individual water bottles. Plastic pill cups are being run down to be replaced with waxed paper cups which are compostable and you will now see most Wolper staff using keep-cups or their own mugs at the coffee kiosk.

If you would like know more about the Solar My Suburb program, please see [solarmysuburb.org.au](http://solarmysuburb.org.au)



A crane was needed to lift the panels on the roof



Up they go



Solar panels on Wolper's roof



Sample collectors at the testing sessions at Wolper



## Community comes together to search for a cure

Murray Foltyn, a 41 year-old Sydney-based father of two small children, has been diagnosed with a rare blood cancer and urgently needs a blood stem cell transplant to save his life. Unfortunately, a match could not be found within his family or on the Australian Bone Marrow Donor Registry (ABMDR) so Murray's family have garnered support from friends across the globe.

The highest chance of finding a match is from someone with shared heritage – Jewish Ashkenazi with Czech/Slovak/UK/Russian background, in Murray's case.

In Australia, the community came together to find a match for Murray with multiple testing sessions. Two fully-subscribed testing sessions took place at Wolper Jewish Hospital with over 80 eligible individuals rolling up their sleeves, donating blood to be tested and added to the ABMDR. A further two community blood drives were conducted in Melbourne and Perth.

The testing sessions were facilitated by Gift of Life Australia (GOLA), an organisation established in association with Wolper Jewish Hospital in 1996. Its mission was to address the under-representation of Jewish people on the ABMDR in order to increase the chances of finding a life-saving stem cell match for any Jewish person diagnosed with a blood cancer (eg leukaemia).

In Australia blood samples have to date been required to enrol onto the ABMDR. In other western countries this is done via cheek swab which is world's best practice – it is less invasive, less expensive and far more scalable.

The ABMDR and GOLA have been actively lobbying Government to fund cheek swab collection through the ABMDR's Strength to Give initiative. "A decision by the Australian government to approve and fund the use of

cheek swabs is critical to saving Australian lives" wrote GOLA Chairman, Richard Glass, in a letter to the Hon. Mark Butler MP, Australian Minister for Health and Aged Care, encouraging the Federal and State governments to work together – as a matter of urgency – to bring this to fruition.

In the interim the ABMDR, given the urgency of Murray's situation, made cheek swab kits available for GOLA's testing sessions in Sydney and Melbourne with 600 individuals coming forward to be tested to see if they are a match for Murray. They were also added to the ABMDR which is also part of a global register.

### STOP PRESS / STOP PRESS / STOP PRESS /

At the time of going to print there was an imminent announcement by the ABMDR that from the beginning of April swabs will be generally available from the ABMDR's 'Strength to Give' website .

This follows an acknowledgment by the Minister that 'there aren't enough people on the register' and that he would 'do everything to clear the way'.

We strongly urge people to come forward with their eligible friends and family (aged 18 to 35 years) to request and return a swab kit to increase the chances of us finding a match for Murray. Please see [strengthtogive.org.au](http://strengthtogive.org.au)

Alternatively you can still donate blood at any Red Cross Lifeblood centre in Australia, and ask to be enrolled on the Australian Bone Marrow Donor Register.



**Richard Glass**  
Chair, Gift of Life Australia



## WOLPER'S ANNUAL GENERAL MEETING



Richard Glass addresses the Wolper AGM

### WOLPER'S 61ST ANNUAL GENERAL MEETING TOOK PLACE LAST NOVEMBER.

In their reports both Richard Glass, President, and Andrew Cohen, Honorary Treasurer, noted that COVID-19 continued to impact the Hospital in many ways throughout FY 2021-2022.

In his President's address, Richard Glass spoke of the operational pressures caused by COVID-19 including the unprecedented six-week closure of the entire inpatient rehabilitation ward, and restrictions on many other activities. The pressure COVID-19 placed on staff was considerable, remarking "I cannot emphasise enough how well our staff acquitted themselves during this physically, intellectually and emotionally demanding year. Many worked additional shifts when agency staff just weren't available. Managers were having to make decisions on-the-run and rosters were changing hourly. Despite these pressures they at all times showed care and great compassion for our patients and each other and for that we are very grateful."

Andrew Cohen advised the meeting that the ongoing COVID-19 pandemic continued to have an impact on both revenue and costs. He reported that the Hospital recorded an operating surplus for the year, commenting that, "This is an excellent result in the circumstances and the Hospital's executive and other staff are commended for achieving this outcome."

He went on to report, "The medium-term outlook for the Hospital remains challenging as most revenues are derived from private health insurance funds and the amounts paid to the Hospital by these funds are not keeping up with inflation. The Hospital's Board and management continue to monitor these developments with a view to managing their impact."

### Movements at the Board

In accordance with the Hospital's Constitution, directors are elected for a two-year term. Five directors were nominated for re-election following completion of their 2-year term. These were Dr Lesley Andrews, Dr David Ende, Mr Mark Hadassin, Mr Eric Lowenstein and Ms Jessica Newman.

Members voted in favour of appointing a new director to the board, Laura Dunkel. Laura is already serving as a co-optee on the Hospital's Finance, Investment and Audit Committee. She is a chartered accountant and finance professional who has held management roles with Deloitte both in Australia and the US, with Velocity Frequent Flyer in Australia and currently is General Manager of Financial Planning and Analysis at Aveo Group.



Laura Dunkel – Wolper's new board member

Professor David Sonnabend AM, having served the maximum term of office allowed under the Hospital's Constitution, stood down from the Board at the conclusion of the AGM. David has served with distinction on the Board for a decade and is continuing to sit on Wolper's Medical Advisory Committee.

Richard Glass said, "David's wisdom and experience has been invaluable to the Board, particularly in the areas of orthopaedic rehabilitation and clinical governance. David has always provided wise counsel and support to Hospital leadership on various critical matters as well as mentoring a number of our younger doctors. David, you will be missed."

The last point of business was recognition of a very special member of staff, Marcelle Segal, Manager of Rehabilitation Services, as she marked 12 years service at Wolper. We could not mark this occasion on her 10 year anniversary due to the pandemic.

Richard Glass said, "At the end of the day, without our amazing staff, a Hospital is a bunch of buildings and equipment. It is by virtue of the work of our staff and the leadership team that we enjoy the reputation that we do. Marcelle manages our Rehabilitation Ward on Level One, some 35 rooms with 98% utilisation virtually all year round....She is extraordinarily committed to Wolper and is an outstanding manager who always goes beyond what is required."

Congratulations Marcelle!



Professor David Sonnabend AM



## The Wolper Jewish Hospital Health Foundation also held its AGM with

Chair Daniel Goulburn OAM announcing the Foundation's newest recipients.

Throughout 2022 new grants were awarded to these organisations:

- Abrahams Tent – provides temporary accommodation, meals, care packs and transport for families of patients at the Prince of Wales Hospital campus
- Community Health Support (CHS) – for first aid training for community organisations
- Jewish House – support for a part time Hebrew speaking counsellor
- One&All Hub – providing workshops for adults with disabilities and mental health challenges
- Streetside Medics – provides mobile health services for the homeless community. Funding is being provided for the installation of medical equipment into their third and newest mobile medical van.

Grant extensions were awarded to:

- Camp Sababa – support for medical supplies and nursing costs at their camps for young people with disabilities.
- CSG – First Aid equipment and training.
- Parkinson's NSW – funding and facilities for their counselling service at Wolper Jewish Hospital.



Daniel Goulburn OAM – Foundation chair, Romy Wolman – One&All Hub, Jesse Lenn – CHS, Rebbetzin & Rabbi Abrahams – Abrahams Tent, Richard Glass – president Wolper

## Hadassah representatives at Wolper

Currently, the only acute rehabilitation centre in Jerusalem is at Hadassah Hospital Mount Scopus, with only 38 beds and limited capacity to cater to outpatients.

Those in need of rehabilitation, including terror victims, wounded soldiers, those recovering from illness, accident or stroke are experiencing delays in treatment, leading to longer, more complex roads to recovery. As Jerusalem's population grows and its average age increases, so will the need for rehabilitation services.

The Gandel Rehabilitation Center at Hadassah Hospital Mt Scopus, which is being built with significant support from the State of Israel and generous additional funding from the Melbourne-based Gandel Family and the Gandel Foundation, will address this clear gap in health delivery in Jerusalem and the surrounding area.

Currently at an advanced stage of construction, the Gandel Center will provide 132 inpatient beds and specialised rehabilitation and research facilities, including occupational therapy, physical therapy and hydrotherapy departments, advanced robotics, technological incubators, laboratories, clinics and outpatient areas, a synagogue and a rooftop healing garden.

Jorge Diener, Executive Director at Hadassah International (which supports the Hadassah Medical Center in Jerusalem) and Dorit Jaffe, Manager of Development, Fundraising &

Relationships at Hadassah Australia recently conducted a fact-finding visit to Wolper. They toured the Hospital paying special attention to our rehabilitation ward, gym and hydrotherapy pool.

Meetings were held with Hospital President Richard Glass, General Manager Tina Boger, Professor David Sonnabend AM, Dr David Golovsky AM, Dr Philip Redelman, Dr Nic Mills, Dr Tracy Murrant as well as Physiotherapy Manager Cody Kane.

The Gandel Rehabilitation Center is scheduled to open in 2024 and members of the Hadassah team will be visiting Wolper again later this year.

We are looking forward to continuing to work with our colleagues from Jerusalem!



Richard Glass Wolper President, Dorit Jaffe Hadassah Hospital, Tina Boger Wolper General Manager, Jorge Diener Hadassah International, Dr David Golovsky AM Wolper representative, Professor David Sonnabend AM Wolper representative



## Wolper MoveWell aqua classes now at Beresford Hall

Wolper's aqua classes have always been popular. It's one of the reasons the Hospital developed the Movewell exercise program enabling all members of the community to benefit from Wolper's rehab expertise.

Given the high level of demand, Wolper started providing aqua classes at Beresford Hall's excellent indoor pool last November. These classes proved popular with the public right from the start.

The 45-minute classes take place on Tuesday and Thursday mornings and are run by Wolper's rehabilitation staff. They are open to all – there's no need to have been a patient at Wolper or a resident at Beresford Hall. No referral is required. Classes focus on increasing strength, flexibility and function.

If you have seen the pool at Beresford Hall, you will already know that the facilities are luxurious and include very comfortable changing rooms and shower facilities. The pool area looks and feels like a 5-star hotel.

Here's a great chance to get active in a magnificent location!

**For further information on Wolper MoveWell aqua classes or to book, call the Hospital on 8324 2296 or see [wolper.com.au/beresfordhall](http://wolper.com.au/beresfordhall)**



images: It's smiles all round during Wolper Movewell aqua classes at Beresford Hall



## GET TO KNOW: Richard Forster, Hotel Services Manager

That's not a typo! Richard Forster started at Wolper in the role of Hotel Services Manager in January. The role title refers to Hotel as it encompasses the day-to-day management of both food services and cleaning services.

Richard trained as a chef in the UK and was most recently employed at Castlecrag Private Hospital for the past 10 years – 8 years as their Hotel Services Manager.

At Wolper, he has found a friendly work place with a real family feel. The cleaning and food services staff have a strong work ethic and are very experienced and knowledgeable in their roles. In fact Richard has found that he has gained the more-detailed knowledge he needs in order to manage the Hospital's kosher kitchens from his staff.

Very soon after starting at Wolper, the Hospital's annual audit was conducted by the NSW Food Authority. An auditor attended the Hospital to ensure all paperwork, policies and supplier accreditations were up-to-date. Food safety practises were also assessed. As expected Wolper received an A rating with no recommendations.

Richard's next challenge is preparing the Hospital for Passover. Happily the process Wolper's kitchen undergoes to remain kosher during this period is well established and current staff are very knowledgeable and helpful. Terri Maister continues to work at Wolper 2 days per week as a dietitian and she has a wealth of knowledge regarding Passover as she managed food services at Wolper for the past few Passovers.

Following Passover, Richard will commence a menu review. Richard is enjoying the fast pace of the role and says it has been very interesting learning about kosher kitchens.



### WOLPER HUMOUR

The man told his doctor that he wasn't able to do all the things around the house that he used to do. When the examination was complete, he said, "I can take it. Tell me in plain English what is wrong with me."

"Well, in plain English," the doctor replied, "you're just lazy." "OK," said the man. "Now give me the medical term so I can tell my wife."

## The Seifman family's generous support of Wolper

It was a great pleasure to welcome members of the Seifman family to the Hospital last December.

Erna Seifman was a long time supporter of Wolper, endowing two rooms in the Hospital during her lifetime - one in honour of her parents who perished in the Holocaust, the other in honour of her husband Max.

Following her death in February 2021, another patient room was dedicated by her family, this time in Erna's name.

"The Jewish ethos of the Hospital meant that Erna felt a special connection to the Hospital" said Robert Seifman, Erna's son. "It was a place in which she always felt comfortable and she appreciated the compassionate care she received here, as did we as her family. As an observant Jewish woman, being able to have kosher food was very important".

Robert together with his wife Susan and sister Susanne Avigdor, who was visiting from New York, toured the Hospital.

**If you would like to know more about endowment and bequest opportunities at Wolper, please email [gm@wolper.com.au](mailto:gm@wolper.com.au)**



Robert Seifman and Susanne Avigdor outside one of the rooms endowed by their mother Erna Seifman



## THE NSW JEWISH BOARD OF DEPUTIES – working hard for our community

You may have noticed the NSW Jewish Board of Deputies (NSWJBD) has been frequently in the media of late. Such mentions have included the NSWJBD working with the major political parties to secure \$10 - \$15 million funding to support faith communities' recurring security expenses, achieving bipartisan support for updated school curriculum programs to provide Holocaust education and combat antisemitism, working to solve the problem of limited burial space for our community, and working with the Hindu Council of Australia to initiate legislation making the use of Nazi symbols in NSW an offence.

So what is the NSW Jewish Board of Deputies and what does it do?

NSWJBD is the representative peak-body of the NSW Jewish community and leads, speaks and advocates on behalf of the NSW Jewish community. It works closely with all levels of government, other Jewish communal organisations, other religious and ethnic groups as well as unions and industry associations to achieve its goals. It is a democratically elected organisation, largely funded by JCA.

The goal of the NSWJBD is a united NSW Jewish community, adequately resourced, enjoying physical and political security as part of a harmonious, inclusive and democratic Australian society.

It works to:

- Ensure the political and physical security of the NSW Jewish community
- Combat antisemitism and other forms of racism
- Increase understanding of Israel and its centrality to Jewish life
- Promote social inclusion of all segments of NSW society
- Maintain the unity and cohesion of the NSW Jewish community
- Ensure the continuity of a vibrant NSW Jewish community

Given its achievements, most people are surprised to learn that the NSWJBD has only 8 employees, supported by elected community leaders who volunteer to serve on the Board, and volunteer to contribute to the main committees – Social Justice, Public Affairs, Education, Community Relations and Shoah Remembrance.

The NSWJBD has 56 communal organisations as its constituents i.e. member organisations, with Wolper being one of those members. All 56 constituent organisations are represented by their nominated Constituent Deputies and there can be up to a further 71 community members elected as Elected Deputies, in addition to the Honorary Life Deputies. All Deputies are able to have input to policy development in the NSWJBD's areas of interest. Further, members of the NSW Jewish community (18 years and over) are eligible to become Associates which is a great 'first step' in becoming familiar with the important work and activities of the NSWJBD.

Wolper President Richard Glass, also a Vice President of the NSWJBD, said "Until I became involved with the NSWJBD I had no idea of its reach and credibility with external stakeholders, which is a real credit to the prior and current leadership, staff and Deputies. The 16 Board members represent a cross-section of the community, with a number under the age of 30 years of age. I have been impressed by the energy, talent and commitment of all Board and Committee members. I'd encourage any member of our community to strongly consider engaging with the NSWJBD, even if initially that is merely following the work of the Board on social media".

## Annual Staff Survey results

Each year Wolper surveys its staff to gauge satisfaction and measure areas of improvement. The 2022 survey showed that staff satisfaction remains high at 99%.

Comprehensive orientation, education, regular staff meetings, staff recognition awards and a special focus on staff wellbeing have been embraced enthusiastically.

Some of the most noticeable improvements are:

- 8% improvement in awareness of the efforts made by the Hospital to support the environment. Now at 94%.
- 6% improvement in awareness of security issues around the Hospital. Now at 94%.
- 6% improvement in awareness of the Hospital's complaint procedure. Now at 100%.
- 6% improvement in awareness of the needs of culturally diverse



groups who attend the Hospital. Now at 100%.

- 5% improvement in Hospital incident rates. Now at 99%.
- 3% improvement in awareness of the National Safety & Quality Health Service Standards for Accreditation.





WOLPER  
Wellbeing  
PROGRAM

## Wellbeing 2023

We kicked off the Wellbeing year with the highly successful webinar ‘Bone Health, Falls and Fractures’.

Our speakers included

- Professor Markus Seibel AM – Professor in Medicine at the University of Sydney; Director of the Bone Research Program at Sydney’s ANZAC Research Institute
- Professor Jacqueline Close – Head of Falls, Balance and Bone Health Clinic at the Prince of Wales Hospital; academic geriatrician at the Prince of Wales Hospital and Neuroscience Research Australia
- Weihong Zhang – Former Occupational Therapist at Wolper Jewish Hospital. Lecturer in Occupational Therapy at the University of Sydney; researching falls prevention and healthy ageing
- Cody Kane – Physiotherapy and Day Services Manager, Wolper Jewish Hospital

**If you missed the session you can watch the recording at [wolper.com.au/videos/](http://wolper.com.au/videos/)  
There are many other recordings to browse through while you are there!**

## Calendar of upcoming seminars

<p><b>WEDNESDAY</b> <b>10 MAY</b></p>	<p><b>Social media use in adolescents and young adults: What’s the impact?</b> Mental health problems are on the rise among adolescents and young adults, and social media may be a driver behind the increase. What can parents and carers do to help?</p>
<p><b>WEDNESDAY</b> <b>19 JULY</b></p>	<p><b>Adult ADHD:</b> Why are so many adults only now finding out about their undiagnosed ADHD? How can you live a healthy, happy and productive life after diagnosis?</p>
<p><b>WEDNESDAY</b> <b>30 AUGUST</b></p>	<p><b>Back Pain:</b> There are many things that you can do to live well with back pain. Learning about your back pain and the best ways to manage it is the first step.</p>
<p><b>WEDNESDAY</b> <b>8 NOVEMBER</b></p>	<p><b>Better Sleep:</b> We will investigate conditions that affect sleep quality, timing, or duration and impact a person’s ability to properly function. These can contribute to other medical problems, and some may also be symptoms of underlying health issues.</p>

**ALL SEMINARS VIA ZOOM AT 7.30PM • REGISTER AT [WOLPER.COM.AU/WELLBEING](http://WOLPER.COM.AU/WELLBEING)**



## Chanukah shines bright at Wolper

Chanukah 2022 was enjoyed by the patients at Wolper Jewish Hospital.

Chanukiyot (the nine-branched candelabrum used on Chanukah) were placed at reception, the nurses' stations and Day Rehabilitation for all to see. Each evening, during the eight days of Chanukah, it is traditional to light these candles. Every night, another candle is added, so that on the eighth night all the candles are burning bright. Due to fire regulations we are not able to have an open flame in the Hospital, so we use battery operated lights instead.

A Chanukah concert performed by the Great Synagogue Choir was filmed by Harry Guth and was broadcast on the patients' TVs.

Doughnuts, another Chanukah tradition, were enjoyed by staff and patients.



A Chanukah concert was broadcast on the patient TVs



One of our chanukiyot at the nurse's station on the ground floor



Shabbat Project dinner at Wolper

## Observing the Shabbat Project at Wolper

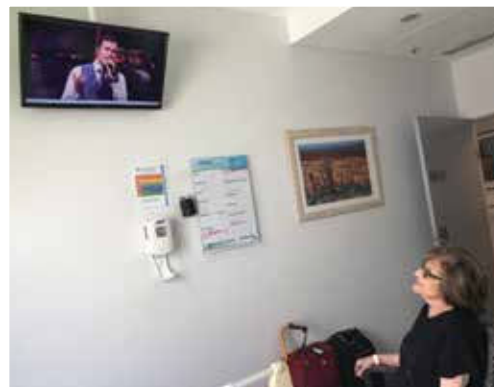
To mark the Shabbat Project, a concert of international Jewish singing stars was broadcast on our patients' TVs on the Thursday before the Shabbat Project.

On the Friday night we were able to host a Shabbat dinner for 12 patients in the Hospital Lounge. Numbers were restricted due to Wolper's Covid-19 safety guidelines. For the lucky 12 patients it was a very special, memorable and enjoyable evening. Rabbi Rafi Kaiserblueth from Emanuel Synagogue spoke about Shabbat and sang the blessings. He conducted the proceedings together with Ruth Guth, Wolper's Community Partnership Officer.

After a 2 year hiatus in which shabbat gatherings were not able to be held due to the pandemic, excitement filled the air!



Shabbat Project dinner at Wolper



A patient enjoyed our recorded Shabbat Project concert in her room



# Happy Passover

## PESACH RECIPE

### Gesmeerte Matzah

From Caley Schnaid, Wolper Dietitian

**Ingredients**

- 250g smooth cream cheese
- 2 tsp sugar
- 1 egg
- Pinch of salt
- Cinnamon sugar
- 2 sheets of matzah

**Method**

- Mix cream cheese, sugar, egg and salt together.
- Soak matzah in milk.
- Lay matzah on baking sheet lined with baking paper.
- Pour cream cheese mixture over matzah and spread all over to cover matzah.
- Sprinkle cinnamon sugar on top.
- Bake at 180°C for 10-15 minutes, until slightly golden.



Benita with one of her 7 great-grandchildren

## Benita, a nurse who inspired her daughters

Benita Boger has been in Wolper Jewish Hospital four times now. Prior to her first visit, she had heard of Wolper from a friend who had been a patient.

Benita is the matriarch of a very medical family. She was a nurse until retirement, her husband was a doctor and two of her three daughters are nurses. One is a midwife and the other, Tina, is the General Manager/Director of Clinical Services at Wolper Jewish Hospital!

Benita is fortunate to have 6 grandchildren and 7 great grandchildren – with 2 more on the way. Benita’s husband, John Boger, was English and worked as the doctor on the ship on which he immigrated to Australia. He then became a flying doctor based in Charleville, Queensland. Charleville was nothing like London! The pilot that John worked with introduced him to Benita. Things went well and he moved to Sydney where they married and settled down.

Benita loves many things about Wolper. She loves Rabbi Rafi who she sees when he comes to visit patients on a Friday, she loves the food which she described as ‘beautiful’, she loves sitting in the front garden and loves how everything ‘runs so smoothly here’.

Benita has become a Friend of Wolper and she loves reading the quarterly Pulse newsletter and also really enjoyed learning about Wolper’s history in the book we produced to mark our 60 year anniversary in 2021. We hope you enjoy this edition of the Pulse, Benita!

# Become part of our future

Since opening its doors on its present site in 1961, Wolper Jewish Hospital has become one of Sydney's leading private hospitals providing high-quality care to all members of the general community, within the framework of our Jewish ethos.

We are Australia's only Jewish hospital and do not receive funds from government sources. Whilst we are a dedicated JCA member organisation, we do not seek an allocation of funds from JCA. We are a not-for-profit organisation and our revenue from our patients is to a large extent dictated by the major health funds. The health funds do not take account of the additional costs we experience, such as providing fully kosher food and our higher patient/staff ratios.

So, your support is very important to us.

There are a number of ways in which your support can be acknowledged, or the memory of a loved one honoured, within the Hospital:

- Sponsor a panel in our magnificent stained glass mural, Bereishit – In the Beginning, located in the Hospital foyer and designed by leading stained glass artist, Marc Grunseit.
- Endow a room. Your name or that of a loved one will be honoured with an elegant door plaque appropriately worded.
- Sponsor, or make a donation towards, a specific piece of Hospital equipment. All donations are gratefully received irrespective of their size.
- Make a bequest to Wolper in your will



For more information please contact  
Tina Boger, General Manager  
Wolper Jewish Hospital  
on 02 9328 6077